



KM Utd Risk Assessment – RETURN TO FOOTBALL Training & Matches (max. 30 players) Updated July 2020 (Covid-19)

1. HAZARD List the Hazards which could cause harm	2. RISK	3. CONTROLLING RISK List existing precautions and whether more should be done.	4. RECORD YOUR FINDINGS List what actions you have taken	5. REVIEW & REVISE
Participants at risk from damaged or unsafe surface	All participants	<ul style="list-style-type: none"> Venue inspected on arrival. Grass pitch to be checked for condition, potholes, grass length etc. Any unsuitable areas to be out of bounds. KCC Astro to be checked prior to training sessions starting. Unsuitable areas to be out of bounds Indoor venue to be checked for condition, any spillages/debris or areas of concern. Venue to be suitably lit and well ventilated. NO INDOOR VENUES TO BE USED CURRENTLY. 	<ul style="list-style-type: none"> Checklist completed on day: Possible risk: Good defined playing area with appropriate run-off area Hazards and debris removed Surfaces are not slippery Lead Coach will be qualified in basic First Aid as a minimum FIRST AIDER TO WEAR BASIC PPE (GLOVES/MASK) 	<p>Constant monitoring and review during event.</p> <p>Reviewed every 2 weeks or with further government/FA update</p>
Participants at risk from damaged or unsafe equipment	All participants	<ul style="list-style-type: none"> Equipment to be used for intended purpose only. KM Utd to ensure equipment appropriate for the age and skill level of the participants. All equipment is checked prior to use. Equipment inspected before session begins. Checklist completed by lead coach. Ensure footballs are suitably pumped up, bibs are clean and dry, cones/poles are in a safe condition. ONLY KM UTD COACHES TO HANDLE EQUIPMENT. CHILDREN MAY HANDLE THEIR OWN FOOTBALL ONLY. ALL EQUIPMENT AND FOOTBALLS TO BE CLEANED/SANITISED BEFORE, AFTER EACH SESSION AND IF POSSIBLE, DURING BREAKS IN PLAY. KCC Goals to be sanitized by the KM Utd Coach before and after the training session 	<ul style="list-style-type: none"> Checklist completed on day: Possible risk: All equipment checked prior to use Lead Coach will be qualified in basic First Aid as a minimum FIRST AIDER TO WEAR BASIC PPE (GLOVES/MASK) 	<p>Constant monitoring and review during event.</p> <p>Reviewed every 2 weeks or with further government/FA update</p>
Participants at risk from collisions when participating	All participants, coaches	<ul style="list-style-type: none"> Children to be briefed on safe use of space at the start of the session. 	<ul style="list-style-type: none"> Participants briefed at the start of the session and reminders given as necessary. 	<p>Constant monitoring and review during event.</p>

		<ul style="list-style-type: none"> • Drills and exercises to be set up in suitable size areas for number/age of participants. • Participants playing dangerously will be reminded of the safety briefing. <p>PARTICIPANTS TO BE BRIEFED REGARDING SPACE AND SOCIAL DISTANCING BEFORE SESSION. REGULAR REMINDERS GIVEN DURING SESSION.</p> <ul style="list-style-type: none"> • SESSION DESIGN TO TAKE INTO ACCOUNT SOCIAL DISTANCING MEASURES WHEN NOT PARTAKING IN COMPETITIVE TRAINING. 	<ul style="list-style-type: none"> • Lead Coach will be qualified in basic First Aid as a minimum • FIRST AIDER TO WEAR BASIC PPE (GLOVES/MASK) 	Reviewed every 2 weeks or with further government/FA update
Participants at risk from inappropriate kit	All participants	<ul style="list-style-type: none"> • Lead coach is responsible for participants and will ensure suitable kit and footwear is worn. (Gloves for goalkeeper) • No Jewellery to be worn by participants. • Shin pads are essential. • Football boots (no metal studs) to be worn on grass pitches. • Participants playing as goalkeeper to be wearing goalie gloves. Goalkeepers should ensure they disinfect their gloves regularly in breaks in training or matches and thoroughly afterwards. Goalkeepers should not share gloves with other members of the team. • Participants to have regular access to fluids as necessary, particularly during warm weather conditions. <p>WHERE POSSIBLE, PARTICIPANTS WILL BRING THEIR OWN AGE / SIZE APPROPRIATE FOOTBALL. PLAYERS/PARENTS SHOULD SANITISE FOOTBALLS BEFORE AND AFTER SESSIONS.</p> <ul style="list-style-type: none"> • PARTICIPANTS MUST BRING THEIR OWN CLEARLY LABELLED DRINKS BOTTLE AND NOT SHARE WITH OTHERS. 	<ul style="list-style-type: none"> • Parents/carers informed that participants should wear suitable clothing and footwear for taking part in physical activity • The Lead Coach can stop a participant from participating if they could potentially harm themselves or others. • Lead Coach will be qualified in basic First Aid as a minimum • FIRST AIDER TO WEAR BASIC PPE (GLOVES/MASK) 	<p>Constant monitoring and review during event.</p> <p>Reviewed every 2 weeks or with further government/FA update</p>
Participants at risk from adverse weather conditions	All participants, carers, coaches	<ul style="list-style-type: none"> • If conditions are unsafe for play outside, measures will be taken to move the session indoors if possible or cancel the session. • NO INDOOR SESSIONS CURRENTLY POSSIBLE. • DECISION ON UNSUITABLE WEATHER CONDITIONS WILL BE MADE NO LATER THAN 60 MINS BEFORE THE SESSION AND COMMUNICATED TO PARENTS/CARERS 	<ul style="list-style-type: none"> • Conditions assessed on the day. • Participants will be contacted to cancel session if weather dictates. 	<p>Constant monitoring and review during event.</p> <p>Reviewed every 2 weeks or with further government/FA update</p>

<p>Participants at risk from choking</p>	<p>All participants</p>	<ul style="list-style-type: none"> Eating and drinking during activities will not be permitted. Lead Coach to ensure that participants do not eat and drink whilst they are active. DRINKS MUST NOT BE SHARED. 	<ul style="list-style-type: none"> Lead Coach can stop a player from participating if they could potentially harm themselves or others. Lead Coach will be qualified in basic First Aid as a minimum FIRST AIDER TO WEAR BASIC PPE (GLOVES/MASK) 	<p>Constant monitoring and review during event.</p> <p>Reviewed every 2 weeks or with further government/FA update</p>
<p>Goalpost Safety & Corner Flags</p>	<p>All participants and Lead Coach</p>	<ul style="list-style-type: none"> ALL Goalposts to be thoroughly inspected before use. Portable goals to be correctly assembled and pegged down before use. Metal goalposts to be correctly assembled and secured. Any necessary pens/fixings to be secured. Goal nets to be correctly attached and checks. Any loose or damaged sections to be noted. Goal posts and corner flags to be cleaned with anti-bacterial spray before, during and after sessions or matches. 	<ul style="list-style-type: none"> Goalposts assessed before, during and post-session. Arrangements to be made with the venue regarding use of permanent/portable goals 	<p>Constant monitoring and review during event.</p> <p>Reviewed every 2 weeks or with further government/FA update</p>
<p>Group Training Phase – COVID 19</p>	<p>All participants and Lead Coach</p>	<ul style="list-style-type: none"> Group sizes to be max 30 (including coaches) Social Distancing to be maintained between participants and coaches (minimum 2m) Players should arrive at venue in full kit, ready to start. No changing/shower/toilet facilities will be available to use. Each player to be allocated a 'drinks station' cone. This is their base for drink breaks etc. Home stations to be minimum 2m apart. Prevent sharing of equipment/drinks. Parents/Carers to maintain distance from the session. They can be within viewing distance but must not congregate in groups of more than 6 people. For Sessions at KCC parents must remain outside of the Astro turf "cage" at all times, unless attending to a first Aid requirement. 	<ul style="list-style-type: none"> Participants briefed at the start of the session and regular reminders given as necessary. Activities and drills to be arranged in a manner to meet social distancing requirements. Parents will be reminded of COVID 19 session requirements with communication beforehand. Parents will be reminded ahead of sessions at KCC that they must remain outside of the "cage" and maintain Social distancing at all times. 	<p>Constant monitoring and review during event.</p> <p>Reviewed every 2 weeks or with further government/FA update.</p>
<p>Illness/Symptoms and Personal Hygiene</p>		<ul style="list-style-type: none"> Participants must not attend training session if unwell or displaying symptoms of COVID-19. Parents/carers must consider any vulnerabilities/social isolation within household before participant attends any session. 	<ul style="list-style-type: none"> Participants briefed at the start of the session and reminders given, as necessary. Parents will be reminded of COVID 19 session requirements with communication beforehand. 	<p>Constant monitoring and review during event.</p> <p>Reviewed every 2 weeks or with</p>

		<ul style="list-style-type: none"> • Parent/carer must encourage handwashing before and after session. It is recommended football kit is washed immediately after session. • Any towels/clothing etc must not be shared. • Participants must be encouraged to not touch their face during session. • Physical contact between participants is not allowed. • Training Kit / clothes should be washed after each session 	<ul style="list-style-type: none"> • What to do if a child shows symptoms of Covid during a training session: - <ul style="list-style-type: none"> • Remove from the rest of the group • Ensure a member of the coaching team puts basic PPE on and remains with the child until their parent has been located to collect. • The parent is required to get a test for the child • The child should not return to football until the coach has confirmation of a negative result. • If the result is positive the parent needs to inform KM Utd (Coach, Secretary, Child Welfare Officer & Chairman). • KM Utd will ensure that the parents / participants who have been training with the child are notified and they should isolate for 14 days and follow government advice. • Anyone who develops symptoms up to a few days after a session must report this to KM United. (Coach, Secretary, Child Welfare Officer & Chairman). • Any KM United Coach who reports symptoms to be required to test and share the result with the KM United Committee 	<p>further government/FA update.</p>
<p>Supporting NHS Track and Trace</p>	<p>All participants, parents/carers, coaches, extended family and support bubbles</p>	<ul style="list-style-type: none"> • All participants to complete self-screen declaration before leaving for training and potentially also on arrival (with parental supervision) • KM United Coaches will take participants temperature using non-contact forehead thermometer, and record on declaration. • Attendance register with contact details to be kept and maintained for 21 days after the session 	<ul style="list-style-type: none"> • What to do if a child shows symptoms of Covid-19 during a session or game: - <ul style="list-style-type: none"> • Remove from the rest of the group • Ensure a member of the coaching team puts basic PPE on and remains with the child until their parent has been located to collect. • The parent is required to get a test for the child • The child should not return to football until the coach has confirmation of a negative result. 	<p>Constant monitoring and review during and after each session.</p> <p>RA reviewed every 2 weeks or in line with further government/FA update.</p>

			<ul style="list-style-type: none"> • If the result is positive the parent needs to inform KM Utd (Coach, Secretary & Chairman). • KM Utd will ensure that the parents / participants who have been training with the child are notified and they should isolate for 14 days and follow government advice. • If the session is held at KCC then KM will inform KCC also. • Anyone who develops symptoms up to a few days after a session must report this to KM United. (Coach, Secretary, Child Welfare Officer & Chairman). • Any KM United Coach who reports symptoms to be required to test and share the result with the KM Secretary, Child Welfare Officer & Chairman. KCC will also be informed should the training session have been held at the KCC facility. 	
Arrival/Departure at/from session	All participants, parents/carers, coaches	<ul style="list-style-type: none"> • Attendance numbers to be ascertained minimum 24 hours before session start, to ensure correct coach/player ratios are met. • Attendance register taken. • Parents must not congregate in groups whilst watching training. Reminders given as necessary. • Participants must leave in an orderly manner, managed by the coaches. Players/Parents/carers must not congregate in groups at the end of the session • For sessions at KCC participants must leave the school grounds immediately when the session is finished. • Participants must not leave until instructed by coaches to prevent social distancing breaches. • Participants to be reminded about handwashing before, during and after session. • All equipment/footballs used to be sanitised before and after sessions. • Adults and children should only travel with a member of their household or someone within their support bubble. 	<ul style="list-style-type: none"> • Participants briefed at the start of the session and reminders given as necessary. • Parents/carers will be reminded of COVID 19 session requirements with communication beforehand. <p>https://www.gov.uk/guidance/coronavirus-covid-19-safer-travel-guidance-for-passengers</p>	<p>Constant monitoring and review during and after each session.</p> <p>RA reviewed every 2 weeks or with further government/FA update.</p>

		<ul style="list-style-type: none"> • Socially distanced forms of travelling (cycling, walking etc) are encouraged. • Government guidance regarding travelling should always be followed. • Arrival & departure for KCC sessions should be at the designated entrance & exit points determined by KCC. • KCC sessions will have 3 teams/age groups, each using 1/3rd of the pitch. Each group will have a 5minute later start time to minimise the chance of everyone arriving at the same time. 		
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Risk Assessment completed by:

NAME: Kevin Broom

CLUB ROLE: Chairman

SIGNATURE: K Broom

DATE: 17/09/2020

Checked & Reviewed by KM United Safeguarding Officer:

NAME: Juliet Brodie

SIGNATURE: J Brodie

DATE: 24/07/2020